






To set the moon phases more accurately, we recommend it is set at a time of a new moon (the moon is hidden in the display, age 0) or full moon (the moon appears fully in the centre of the display, age 15 days).

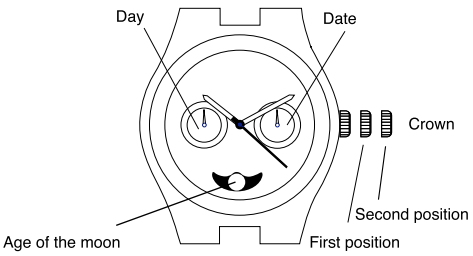
New moon Moon's age: 0	First quarter moon Moon's age: 7	Full moon Moon's age: 15	Last quarter moon Moon's age: 22
			



4-13

STORM

ALVAS



SETTING THE DAY
Pull the crown out to the second position. Turn the watch hands clockwise, through 24 hour cycles, this will move the day hand forwards. Keep turning the hands until the correct day is displayed
Note: The day can not be set directly without turning the hands.

SETTING THE DATE
Pull the crown to the first position and turn the crown anti-clockwise to advance the date.

SETTING THE TIME
Pull the crown out to the second click position and turn the crown clockwise to set the correct time.

Note: Please remember the 24-hour cycle, if you turn the hands past midnight, the date, day will advance. We recommend you set the previous day/date, then turn the hands until the correct date/day is displayed after midnight. Then set the time according to the correct am or pm setting.

SETTING AND READING THE MOON PHASE
Check the newspaper, internet or other sources for the current age of the moon.
Pull out the crown to first position and turn the crown clockwise to advance the moon phase to the correct position.

The moon dial represents the age of the moon; the actual shape of the moon is not represented. The age of the moon is determined by the period between each new moon. This period is approximately 29.5 days.