

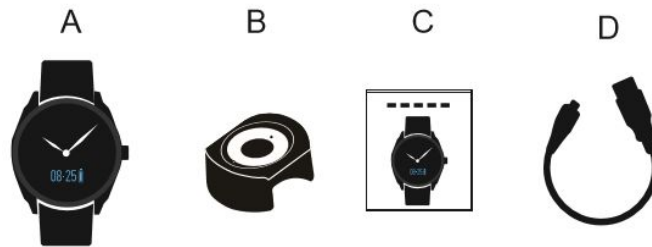


**STORM HY1
PRODUCT USER MANUAL**

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1. The Watch



Included:




A : Watch

B : Charging Base



C : User Manual

D : USB Charging Cable

2. Charging

1. Put the watch on the charging base and insert the Micro-USB port into the base.
2. Connect the USB Cable with the power supply. When connected successfully, the screen will show the following power charging icon . When fully charged, the icon will show as .
3. The watch will take one and half hours to fully charge. When on low-battery status, the charging icon will appear as .

3. Watch Activation

After long periods of no usage, the device screen will display the following icon , and the watch hands will stop moving, which means your watch will need to be reactivated. Press the button on the side of the device for 3 seconds to activate the watch, the screen will turn on and show the time . The watch is now activated, and hands will start working. (Notice: The hands of watch are not calibrated in this time).

4. Installing the APP

You can download the compatible app for free, by searching on your smartphones app store. Search for "LeClock" available on both the Apple App Store and the Google Play Store.



The LeClock app is compatible with Bluetooth 4.0, Android 5.0+, IOS 8+.

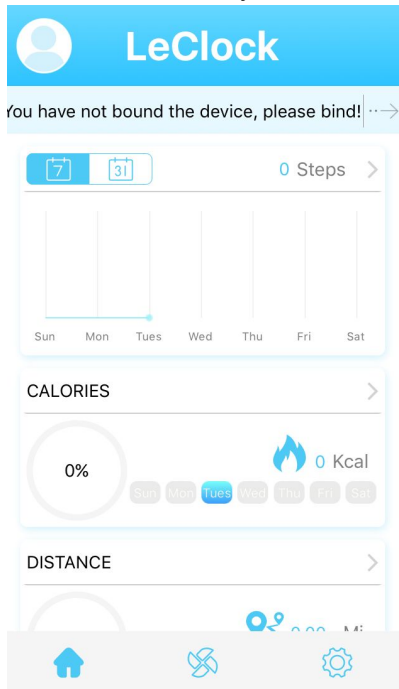
5. Pairing Your Watch With Your Phone

1. Turn on Bluetooth on your smartphone. Ensure your HY1 is fully charged, turned on and in close range.

2. Open the App **LeClock** on your phone. New users are required to register before pairing.

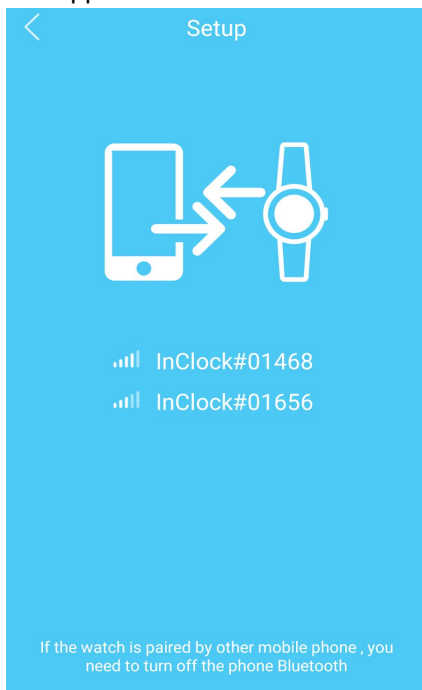
Please note if you register using a Guest Login, data information **cannot be stored and retrieved at a later date. We recommend all users sign up as a New User with an email.*

3. Once registered, select the small arrow on the top right of the homepage of the app to bind your device to the HY1 watch. This will take you to the Setup page.




4. At the setup page, please ensure your HY1 watch is turned on and in range. Tap the **Setup** option.

The app will scan for all devices in range. Select the watch from the list the watch will be labelled **InClock**.



5.

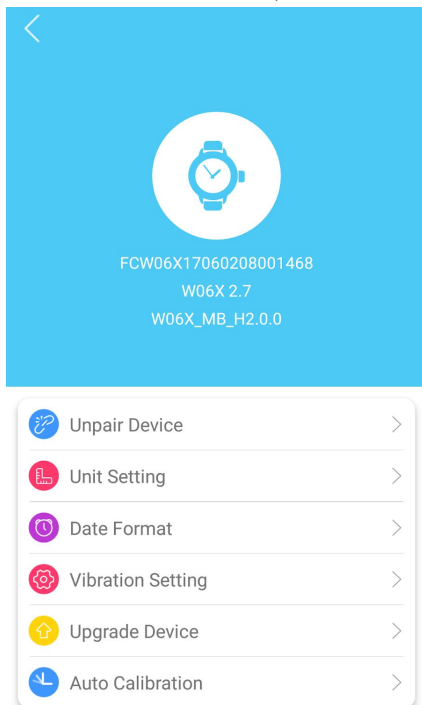
5.The LED screen of your watch will follow a small bluetooth symbol with a question mark. To accept the device pairing press the button on the side of the watch once.

6.Once paired, the your watch will show the following icon .

The app will return to the homescreen and will indicate a paring has been successful.

6. Once your phone is successfully paired, from the homescreen of the app, select the small arrow in the top right hand corner of the screen.

From the below screen, select the '**Upgrade Device**' option to ensure that your watch is running on the latest update.



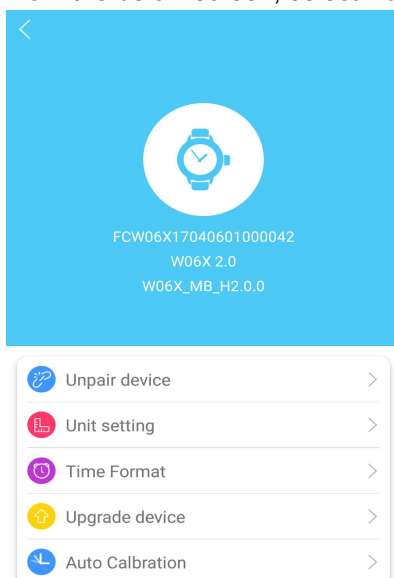
Once updated, select **Auto Calibration**.

6. Auto Time Calibration

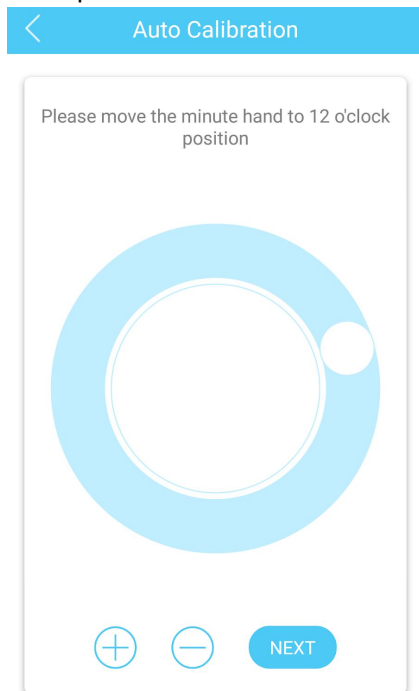
Auto calibration is required to set up the time of your watch and ensure that this stays in sync with your app. You will need both the watch and phone for setup.

1.To setup Auto Calibration, once your smartphone is paired with the watch, from the homescreen of the app tap the small arrow in the top right hand corner to go to **Setup**.

From the below screen, select **Auto Calibration**.



2. Once you have selected **Auto Calibration** use the dial as seen on the screen below to move the minute hand on your connected watch. Ensure your smart watch is turned on.
Place your finger on the small white circle and move either clockwise or counter-clockwise. As you move the circle on screen your connected watch's minute hand should move. Use this to move the minute hand of your watch to the 12:00 position. Once set select **Next**



3. Repeat the above steps to calibrate the hour hand to 12:00. Once finished select **Done**.

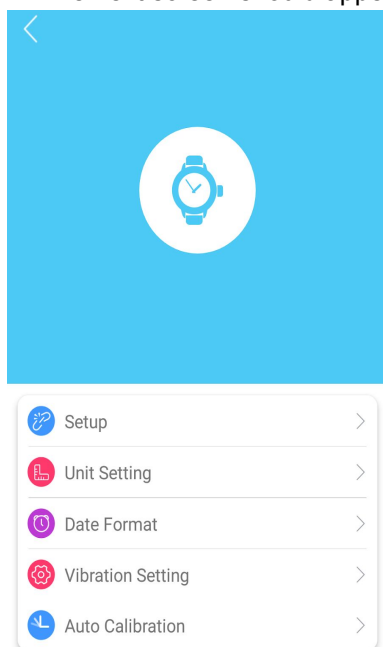
Your watch will now be calibrated to the correct time. The next step is to input your personal profile information. .

7. Profile Input

Profile information helps your watch learn more about you as a user and helps you achieve your fitness goals.

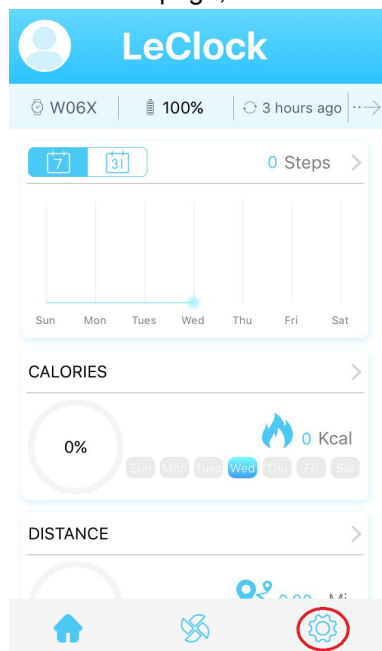
1. From the homescreen of the app, select the small arrow in the top right hand corner.

2. The next screen should appear as below. From here, select **Unit Setting**.

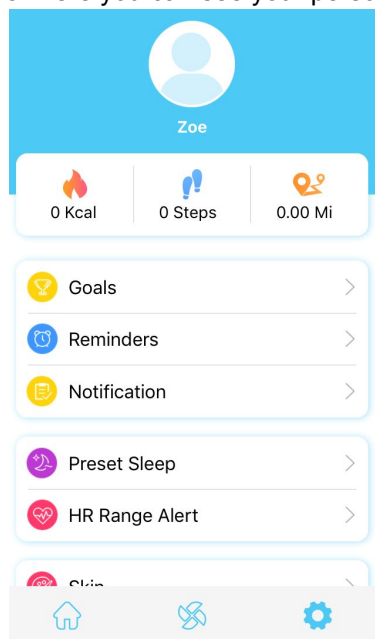


3. In **Unit Setting** section select your measurement preferences. Once selected press the top left arrow twice unit you return back to the homepage of the app.

On the homepage,select the **Cog** icon in the bottom right corner of the screen.



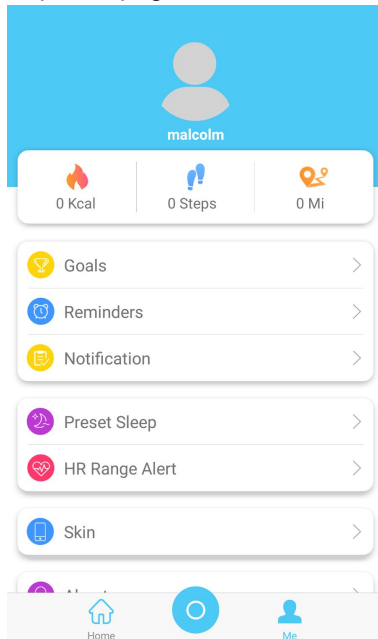
3. Here you can see your personal profile. To edit your profile, select the **Human Icon**.



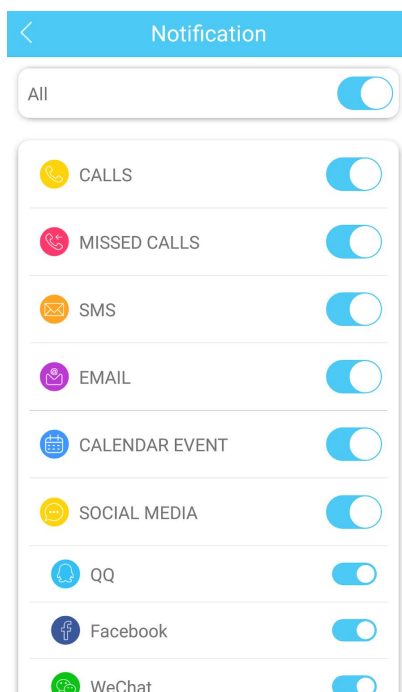
4. On your personal profile you can input all of your data including your Gender, Height, Weight and Birthday. This information will help your watch learn more about you and calculate your goals and pedometer data accurately.

8. Activating Notifications - Receiving Calls and Messages

1. From the homepage of the app, press the **Cog** in the bottom right corner of the app, to access **Your Profile**. From the profile page select the **Notification** tab.



2. The notification settings lets you control which functions you would like to receive notifications for. Slide the blue slider next to the function right to turn notifications on and left to turn notifications off. You can opt to select all notifications on or off by using the **All** slider.



Once notifications are on, your watch will vibrate and the LED screen on the watch will indicate the notification with the below notification symbols.



Message Reminder



Email Reminder



Social Media Reminder



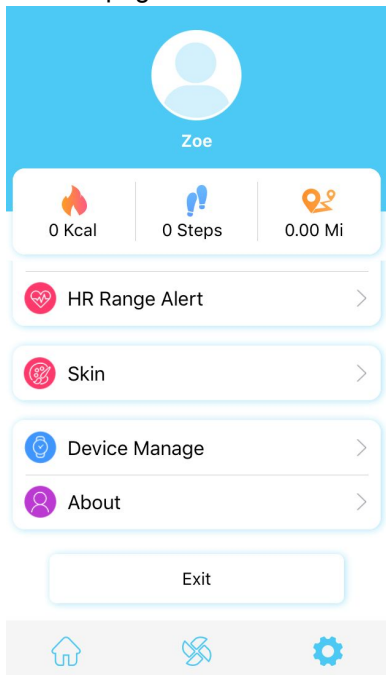
Calendar Reminder



Missed Call Reminder

9. Formatting the LED Date and Time

1. To format the LED Date and Time, from the homepage press the cog icon in the bottom right corner to go to your **'Profile'** page. Scroll down the list of options and select **'Device Manage'**.



2. From here, select **'Time Format'**. Here you can select how you prefer the time and or date to be shown. Please note the date will be set automatically to match the date shown on the paired smartphone.

10. Steps, Calories and Distance, Sleep and Heart Rate

Your watch will record your **Steps, Calories, Distance, Sleep and Heart Rate**.



You can find all information tracked from your watch on the app homepage. This allows users to view daily, weekly and monthly stored information.

The data on your watch can be kept for up to 7 days, if you want to access this data at a later date you will need to transfer the data from watch to app.

11. How to Download Data From Watch to App

Your watch can hold up to 7 days worth of data, if you would like to view more than 7 days worth of data in future you must ensure that data is transferred over to the app.

To backup data from your watch, open the homepage of your app and swipe down in one swift movement.

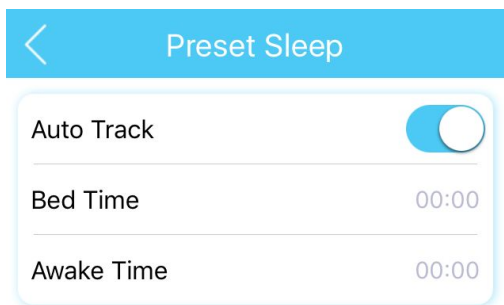
The homepage will load briefly, if information has been stored '**Successful**' will appear at the top of the app.

Please ensure that the LED of your watch is on when completing the above steps.

12. Sleep Monitoring

To set the **Sleep Monitoring** function, from the homepage press the small cog icon in the bottom right corner to head to **Your Profile**.

Here, select the **Preset Sleep** function.



Input your average **Bed Time** and **Wake Up Time**. Slide the slider to blue if you would like to **Auto Track** your sleep during these hours.

13. Heart Rate Settings

To set the **Heart Rate** function, head to **Your Profile** page from the homepage by pressing the cog icon in the bottom right side.

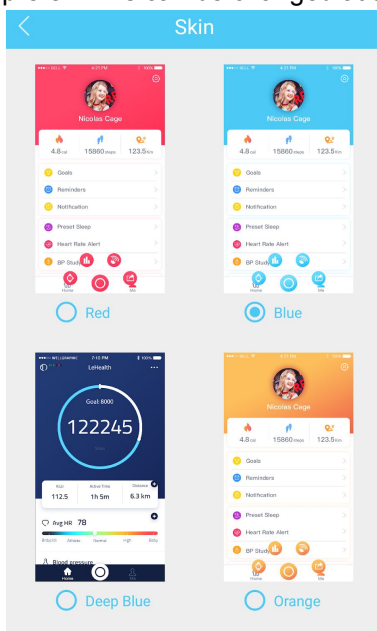
Select the '**HR Range Alert**' function. The Low HR Limit and High HR Limit should be set following the input of other information e.g weight, height.

Slide the slider to blue if you would like to receive a notification to your watch if your heart rate goes over or below the set range.

14. Changing the Watch Display



To set a personalised watch skin, head to **Your Profile**.

From here select the **Skin** function, this will display a number of colour options and layouts. Choose the skin that you prefer. This can be changed at a later date.



15. Heart Rate Monitoring

To monitor your **heart rate**, wear the watch tightly to your wrist to ensure an accurate reading.

1. Press the button on the side of your watch to enter **Heart Rate Monitoring Mode** .
2. Long-press the button for 3 seconds to start the test. Press the watch against your wrist tightly to ensure accurate reading.
3. The test will last for around 15 seconds. While measuring your heart rate the watch will show this icon . After 20 seconds, the watch will vibrate lightly and display your heart rate.

If the watch cannot pick up your heart rate accurately it will show the high or low icon as follows:



Heart Rate monitor is not for medical use, this feature is just for reference and does not guarantee an accurate reading. Please do not use in place of medical guidance/equipment.

16. Blood Pressure Monitoring

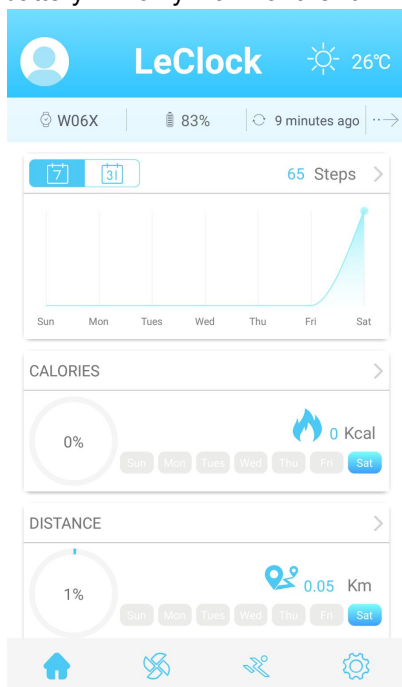
1. To test your **blood pressure**, press the watch firmly to your wrist. Press the button on the side of the watch to show the blood pressure screen. (The LED screen should show 2 numbers and mmHG alongside)
2. Hold the button for 3 seconds to start the test.
3. The test will last for around 15 seconds, and will vibrate when the reading has been taken.

Blood Pressure monitor is not for medical use, this feature is just for reference and does not guarantee an accurate reading. Please do not use in place of medical guidance/equipment.

17. Battery

You can check the remaining **battery** of your watch on the homepage of your **Leclock app**. This can be found in the centre at the top of the app.

To keep optimal usage, when the battery reaches 30%, the watch will close smart functions automatically and the battery will only work for the running of the watch.



18. Event Reminder

1. To set the reminders on your watch, open the **Leclock App**, from the homepage head to **Settings** by selecting the small cog in the bottom right hand corner.
 2. Select **Reminders** to add daily reminders.
- You can set up to 6 daily reminders. Select the **type of reminder** you would like to set, the **date** and the **time** you would like it to go off.

Press the button on the side of the watch to dismiss the reminder.

19. Goals

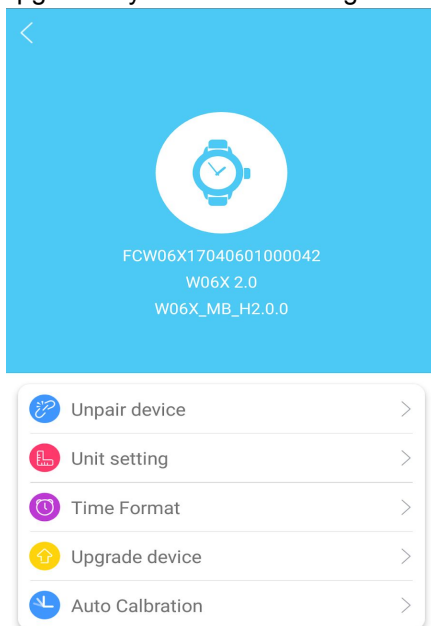
1. To set **Goals** on your watch, open the **Leclock App**, from the homepage head to **Settings** by selecting the small cog in the bottom right hand corner.
2. Select **Goals** from the list of functions.

Here you can set daily health goals, including **walking distance, losing weight and burning calories**. When a goal is achieved, your watch will vibrate and display the goals achieved on the LED screen.

When running low on memory, your watch will notify you by vibrating and a **Memory Full** reminder. To free up space, log into your **Leclock App** and **Download Data** onto the app (see *step 11*).

20. Software Update

1. To upgrade your **Software**, from the homepage head to **Settings** by selecting the small cog in the bottom right hand corner.
2. Scroll down and select the **Device Manage** option.
3. From here, select the **Upgrade Device** option. This will search for the latest option and give you the opportunity to upgrade if you are not running on the latest software.



21. Troubleshooting

1. Charge the watch when in low-battery status, with the supported charging device. Following charging instructions fully.
2. Charge in a cool, ventilated environment. High temperatures may cause device overheating, fumes, fire or even explosion.
3. The device has a built in battery, please do not disassemble by yourself. Please avoid dropping, heavy bangs,

puncture or cutting of the device.

4. Do not put the device close to fire and do not throw into a fire, this may result in explosion.

5. Keep watch out of the reach of children.

6. Do not use if battery is damaged or leaking. If battery leaks, avoid contact with skin and eyes. If contact with eyes occurs rinse with water immediately and seek medical attention.

7. Dispose of battery as in accordance with local laws and regulations.

8. **Not water resistant, do not submerge in water. Do not use in water or shower.**

9. **Splash resistant, suitable for accidental splashes only.**

22. Product Specifications

Display screen: OLED

Sensor: three-axis acceleration sensor

Vibration motor: support

Bluetooth: Bluetooth 4.0 BLE

Battery: 100mAh (3.7V)

Standby time: 60 days

Time display: RTC+ time synchronization